

## ROTARY CLUB OF CAMBRIDGE PROGRAMME FOR PARENTS, TEACHERS & CARERS

## ROTARY CAMBRIDGE GUEST SPEAKER: EMMA WARNER

## **FOOD ALLERGIES**

## MANAGING THE SOCIAL & EMOTIONAL IMPACT OF LIVING WITH A FOOD ALLERGY

Anxiety, stress and worry are common feelings for food allergy families.

Learn how to cope and adapt your approach to food allergy management through your child's life stages and critical transition periods (commencing Kindergarten and High School).

Understand the importance of positive language to use with your children as they develop an awareness of their food allergies.

Presented by Emma Warner, a Registered Psychologist and mother of a child with severe food allergies.

**Presentation Date & Time**: Wednesday 17 May at 8.50 a.m. for 9.00 a.m.

Venue: Cambridge Bowling Club, Chandler Avenue, Floreat

Enquiries: Jeanette Wood: 0413 190 412 or jp2wood@bigpond.com

Cost: Gold Coin donation for coffee