



# FLOREAT PRIMARY RUN CLUB

BE COACHED BY OLYMPIAN  
SARAH JAMIESON

**GET FITTER THAN EVER FOR SCHOOL CROSS COUNTRY!**

THURSDAYS / 745-830AM  
11 SESSIONS  
STARTS APRIL 3

TECHNIQUE - SPEED  
ENDURANCE - PACING

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MCCLEAN PARK, FLOREAT  
YEARS 1 -6  
COST \$179  
LIMITED NUMBERS

